

ACT CRISIS SERVICES

ACT Police

Emergency: 000
Non-emergency: 131 444

Responsible for providing policing services to the ACT. They can also redirect you to the Sexual Assault and Child Abuse Team (a specialist team dedicated to investigating sexual assault committed against adults and children in the ACT).

Operating Hours: 24/7

Canberra Rape Crisis Centre

(02) 6247 2525

Provides crisis and ongoing counselling to victim-survivors and their supporters. Provides advocacy during police, hospital and court processes. CRCC has specialist services for men and Aboriginal and Torres Strait Islander peoples.

Operating Hours: 7am-11pm daily

Domestic Violence Crisis Service

(02) 6280 0900
Online Chat also available

Provides crisis intervention services to anyone who is experiencing, or has experienced, domestic and family violence, including telephone support, attendance to incidents with police, emergency accommodation, safety planning and referrals to support services.

Operating Hours: 24/7

Forensic and Medical Sexual Assault Care

Direct: (02) 5124 2185
Canberra Hospital:
(02) 5124 0000

Provides forensic and medical sexual assault care to people who have experienced sexual assault. Located at Canberra Hospital.

Operating Hours: 24/7

ACT Access Mental Health

1800 629 354
(02) 6205 1065

Central point of entry to access mental health services in the ACT. They provide immediate help if you or someone you care about is experiencing a mental health crisis and have a range of services in both hospital and community settings.

Operating Hours: 24/7



Translating and Interpreting Service (TIS National)

Assists in immediate phone interpreting to deliver equity and access to the community.

131 450 | Operating Hours: 24/7